

Outcome Rating Scale (ORS)

Name _____ ID# _____
Date: _____
Session # _____

Looking back over the last week, including today, help us understand how you have been feeling by rating how well you have been doing in the following areas of your life, where marks to the left represent low levels and marks to the right indicate high levels. *If you are filling out this form for another person, please fill out according to how you think he or she is doing.*

Individually

(Personal well-being)

I-----I

Interpersonally

(Family, close relationships)

I-----I

Socially

(Work, school, friendships)

I-----I

Overall

(General sense of well-being)

I-----I

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Session Rating Scale (SRS V.3.0)

Name _____ ID# _____
Date: _____
Session # _____

Please rate today's session by placing a mark on the line nearest to the description that best fits your experience.

Relationship

I did not feel heard, understood, and respected.

I-----I

I felt heard, understood, and respected.

Goals and Topics

We did *not* work on or talk about what I wanted to work on and talk about.

I-----I

We worked on and talked about what I wanted to work on and talk about.

Approach or Method

The therapist's approach is not a good fit for me.

I-----I

The therapist's approach is a good fit for me.

Overall

There was something missing in the session today.

I-----I

Overall, today's session was right for me.

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Child Session Rating Scale (CSRS)

Name _____ Age (Yrs): _____
Gender: _____
Session # _____ Date: _____

How was our time together today? Please put a mark on the lines below to let us know how you feel.

Listening

_____ did not always listen to me.



I-----I



_____ listened to me.

How Important

What we did and talked about was not really that important to me.



I-----I



What we did and talked about were important to me.

What We Did

I did not like what we did today.



I-----I



I liked what we did today.

Overall

I wish we could do something different.



I-----I



I hope we do the same kind of things next time.

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Child Outcome Rating Scale (CORS)

Name _____ Age (Yrs): _____

Gender: _____

Session # _____ Date: _____

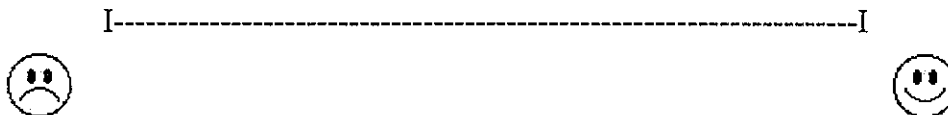
Who is filling out this form? Please check one: Child _____ Caretaker _____

If caretaker, what is your relationship to this child? _____

How are you doing? How are things going in your life? Please make a mark on the scale to let us know. The closer to the smiley face, the better things are. The closer to the frowny face, things are not so good. *If you are a caretaker filling out this form, please fill out according to how you think the child is doing.*

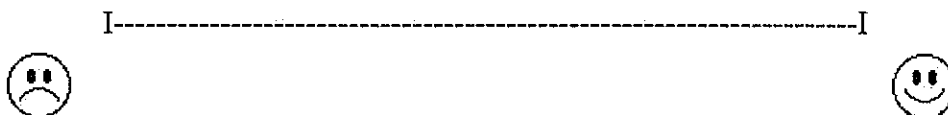
Me

(How am I doing?)



Family

(How are things in my family?)



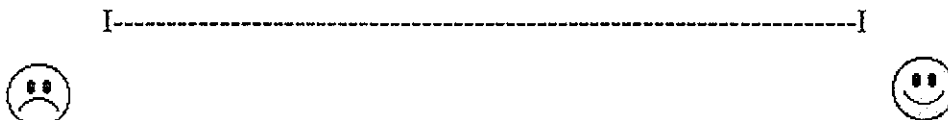
School

(How am I doing at school?)



Everything

(How is everything going?)



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